

# *Ithaca Women's Circle*

*March 10, April 14, May 12, June 9 2009, 7-9pm*

The Ithaca Women's Circle is the gathering of women with the shared intention of creating a sacred space where we connect deeply, laugh freely, inspire one another and come home. In this space we are reminded of who we truly are. We open to our deepest truths and share from the heart, listen to ourselves and our sisters, celebrate our beauty through chant, dance and prayer.

The circles will be facilitated by Cara Stone, healing arts practitioner and mother of three who has been mentored and initiated into Circlework by founder of the Institute for Circlework and Ithaca author Jalaja Bonheim.

*space is limited, to sign up contact  
Cara Stone at  
607.280.5230  
cara.eve@gmail.com*

*circle's held at the  
Unitarian Universalist Church  
(corner of Aurand Buffalo)  
Suggested donation / session \$5-10*

